

DIVERSE ABILITIES: MEET IAN, DOUG AND RAMAN

Ian Moller, BNY Mellon
Doug Gorman, BNY Mellon
Raman Tumber, BNY Mellon
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Ian Moller: My name is Ian Moller.

Doug Gorman: My name is Doug Gorman.

Raman Tumber: My name is Raman Tumber.

IM: Well, my hobbies are really sports in all forms. But I really do love football.

RT: I really enjoy photography.

DG: Outside of work I enjoy playing tennis and spending my time with my 13 year old son.

IM: We have a very large family. I have five sons, and with that goes a number of grandchildren.

RT: A mixture of travel, fashion, people, portrait photography.

IM: Family plays a really big part in our lives. Twenty-two years ago my son, who is now 40, was diagnosed with paranoid schizophrenia.

RT: I started suffering with depression and anxiety probably as a teenager.

DG: Eight years ago, I was diagnosed with a condition called Syringomyelia. I've had 10 operations since then; the last one was in May 2014, which was unfortunately the straw that broke the camel's back and I ended up in the wheelchair.

RT: At my worst point I felt like I couldn't function at all. I didn't understand why I was alive. I didn't understand the point of me, of my existence, and, if I wasn't here then maybe it would have been easier

IM: My wife and myself, we've been married 45 years, are actually his carers. BNY supported me in, I think, the best way, by allowing me to talk about it like I am now.

DG: My immediate managers were fantastic. They were kind of, we got everything that we needed. If I needed to work from home I was given laptops. They helped me arrange obviously travelling in and out of work. Anything that I basically needed to carry on my job, they were one hundred percent behind me.

RT: They've been really supportive and they've said how courageous it is for me to come out and talk about it.

IM: There is a listening ear - not a shoulder to cry on because, you know, you have to get on with it. Tell them your story.

DG: From the HEART I'd say is a good thing because it's a good way to get all the message out that what you see is not necessarily what you get from people. There may be people out there that you look as being, there's not problem with them but you never know what's going on behind closed doors.

IM: Well, I would encourage people like staff members to sort of, go into their shell, because by doing that you're actually creating the stigma. You need to be open, you need to be honest and you need to speak to people.

RT: I think the campaign is fundamental for people to understand what other people are going through, to help people who are struggling in silence to give them the confidence to speak up to ask for help before it gets really, really bad for them.

I'm really excited to be having my first baby which is going to be due in the next few months. Nervous as well, but I think as any new parent would be. But I just want to teach my child everything to look after themselves and to maintain being healthy mentally and physically.

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