

Sometimes it's okay to not be okay.

And this is an organization that will support colleagues around the world.

Mental health is really core to the way we all operate.

From a business imperative standpoint it's really important that we ensure that employees across BNY Mellon feel supported.

One that's particularly noteworthy is our Global Mental Health First Aid Champions Program.

This is a program where we have trained employees across BNY Mellon to be able to support colleagues around the world who may need assistance from a mental health standpoint.

It's really about creating a culture where there's empathy, there's recognition, there's a place that people feel that they can go to if they are struggling in their day-to-day roles.

All these activities are really intended to keep the conversation going.